



PORT ROYAL YACHT CLUB

Latitude 33° 50.77' N Longitude 118° 23.70' W

"SCYA Associate Club of the Year"

www.pryc.us



555 N. Harbor Drive
Redondo Beach, CA 90278
(310) 372-3960



March
2013

A Friendly, Casual, Fun-loving Group Devoted to Social and Boating Activities

CONNECTIONS

The Academy Awards is all about fashion and glamour. Stars walking down the Red Carpet...answering the famous question; "Who are you wearing today"? At PRYC we are proud of our own casual style...jeans and hoodies. As with any live production anything can happen, technical difficulty... like the sound going out on the large television and Mike Williams to the rescue with the loan of his personal speakers.



Every party in Hollywood is all about the food from world famous chefs.

PRYC will always win the Oscar when it comes to our potlucks and we did. Just like the press and the fans, we all picked our favorites.

There were no losers, we were happy to be a part of a very special night. And we had fun!

Commodore Shelia

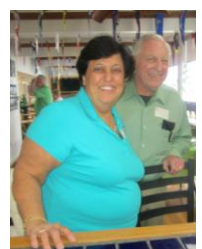
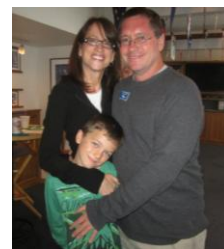
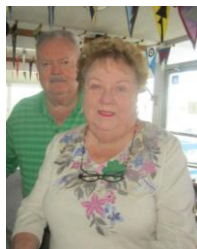
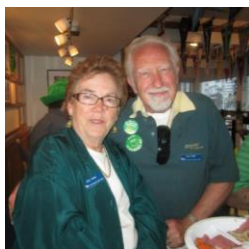
Port Royal had another great St. Patrick's Day celebration with appetizers during the cocktail hour, and the traditional corned beef and cabbage, potatoes, carrots and triple chocolate lava cake with ice cream for dessert. Lynda Peterson and Kennedy Woodruff sponsored the event, and had lots of support from John and Maggie Elder with the shopping, cooking and decorating, Amy Irwin at the Bar, and much appreciated clean-up help from Don Karasevicz who tackled the pots and pans and Jill Irwin with kitchen clean up. All the tables were filled and everyone seemed full and happy. There were four flavors of Irish Beer and all kinds of "green" cocktails. There was a special challenge when at the last minute we found out that the Marina was throwing their own St.

Patrick's celebration and took over the PRYC kitchen all day the Friday before and the ovens until noon on Saturday, but all is well that ends well!!

Director Lynda Peterson



Members and Guests having FUN at Port Royal!





PRYC OFFICERS

Commodore
Shelia Anderson

Vice Commodore
Amy Irwin

Rear Commodore
Scott Dow

Treasurer
Kevin Herink

Secretary
Ruth Healy

Jr. Staff Commodore
Jim Tessman

PRYC DIRECTORS

Craig Allsopp
Dave Sarazen
Lynda Peterson
Don Karasevicz

COMMITTEE CHAIRPERSONS

Club Manager
OPEN

Quartermaster
John Elder

Judge Advocate
Dave Sarazen

Fleet Captain
Bruce Stafford

Race Captain
Brett Sanders

Historian
Barbara Smith

Director of Communications
Cathy Dow

Contributing Editor
Amy Myers

Web Master
Cathy Mueller



COMMODORE, Shelia Anderson

Hello PRYC,

We are focusing putting our best foot forward for Opening Day, which is less than a month away. You will all receive a personal invitation to join in the festivities. But before we get to the day of fun and celebration we need your help in preparing for the big day. As you know the club is currently getting a fresh coat of paint. We have two very important clean up days March 23 and April 6. VC Amy will lead the team on March 23 and Director Craig and Debbie on April 6. Please come out and help the club shine.

We are asking everyone to keep in mind the hard work it takes to get club in tip top shape. Please leave the club in better condition than you found it. We are all proud of our club! Special thanks to Scott and Cathy Dow for arranging the painting of the club. Also thanks VC Amy and Bruce and Toni Stafford for their help with overseeing the daily painting.

Linda Wells is coordinating the execution of our Opening Day Celebration; she will be approaching all members and requesting your help. Volunteers are needed for set up, bartending, pouring and passing champagne, teardown...etc. ALL HANDS ON DECK!!!

I am please say our club is growing! I am asking all new members and returning members to come out and get involved. The old saying is true you only get out of something what you put in!

There still some fun events happening in March, the rescheduled Wine Tasting Land Cruise. Still a few spots open for Sunday March 24th. Also the last Thursday of March is our 2nd Thursday night Trivia, come out play, eat a light dinner, possibility win money and give to charity.

I AM HAVING FUN!!!!



VICE COMMODORE, Amy Irwin

Saint Patrick's Day has come and gone Lynda and Kennedy did an awesome job—again! I'm sure I speak for more than one person when I say that I am glad winter is officially over... BRING ON THE SUMMER!

But let's talk spring a little bit. Opening Day will be here before you know it, which means everyone's favorite club event: Spring Cleaning. Won't you be a part of the fun Saturday, March 23 as we scrub every nook and cranny of the club? A Continental breakfast and tasty lunch are a part of the bargain for luring you away from what will probably be a beautiful day. What better way to enjoy a Saturday than to scrub window screens and trash cans (outside of course, in full view of the lovely marina!)? The fun starts at 9 a.m. Please join us! Thanks to Sam Martellaro the first to R.S.V.P with a resounding, "Hell yea, I'll be there!" Now that's the spirit! ;)



If only it were that simple...

(Continued on Page 3)

(Continued from Page 2) **VICE COMMODORE, Amy Irwin**

Yet another shameless plug: Officer of the Day is coming up soon, too. Thanks to those who, year after year, sign-up to host brunch. And thank you to those of you who have already scheduled yourselves for this summer. **If you've never hosted, now is the time to get out of your comfort zone and show-off your cooking skills.** As you well know, we eat anything. ☺ That's all for now! Happy Spring, everyone!



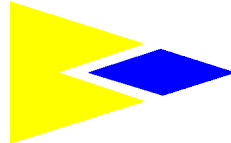
REAR COMMODORE, Scott Dow

One of my duties of being on the bridge is supporting other yacht club's opening days. It has been interesting seeing how the other clubs prepare to begin the yachting season. Aside from the pageantry and regalia, there are significant reoccurring threads that I notice. There is a tremendous pride in each club when recognizing the members and staff that work so hard to make the club function. There is sorrow as they pay tribute to members who passed over the bar over the last year. There is great hope in the junior members and new members as they begin to get involved with club activities. There is a true sense of patriotism as the scout troops and sea cadets' present colors. It doesn't matter if the club is large or small, yacht clubs cherish the traditions, strive to promote yachting and support the boating community. I am proud to be a part of this club and look forward to the opening day for all the King Harbor Yacht Clubs this month.

Redondo Beach Yacht Club



King Harbor Yacht Club



Port Royal Yacht Club



FROM THE GALLEY

Sheila Martelaro's Irish Trifle Dessert

These desserts have just the right amount of Irish mint and chocolate flavor.

INGREDIENTS:

- 1 (4 oz) pkg of Instant Vanilla Pudding + 3-4 drops of green food color
- 1 (4 oz) pkg of Instant Chocolate Pudding
- 10 mini chocolate cupcakes or 1 chocolate cake, baked
- 1 bottle Irish Cream Coffee Creamer
- 1 bag of Andes Mint Chips (in the baking aisle)
- 1 tub of Whipped Topping



DIRECTIONS:

Begin by baking mini chocolate cupcakes or 1 large chocolate cake. After they are baked and cooled, place them on a cookie sheet and poke them with a fork. I used the same method I do for [Poke Cupcakes](#). Pour a small amount of the Irish Creamer over them.

Place them in the frig to chill, about 30 minutes. While the cupcakes are in the frig, mix the puddings. I just added a few drops of green food color to the Vanilla Pudding. Mix the chocolate as directed on the box.

ASSEMBLE:

Place about 2 teaspoons of Vanilla/Green Pudding in bottom of tall dessert glass. Next, cut the cupcakes into small pieces and add on top. The next layer is about 2 teaspoons of chocolate pudding, then add 2 teaspoons of whipped topping and a sprinkle of the Andes Mint Chips. Repeat the layers, and then on top put a dollop of whipped topping and a sprinkle of Andes Mints for decoration.

Place in frig to chill and set, at least 30 minutes.

From: <http://hoosierhomemade.com/st-patricks-day-desserts/>

UPCOMING PRYC EVENTS

- **Cleaning Day #1**
Saturday, March 23, 2013 9am
Host: VC Amy Irwin
- **Spring Wine Trip Land Cruise**
Sunday, March 24, 2013 9am – 6pm
Host: Commodore Shelia Anderson
- **Trivia Thursday**
Thursday, March 28, 2013 6:30-8:00pm
Host: Commodore Shelia Anderson
- **Clean-Up Day #2**
Saturday, April 6, 2013 9am
Host: Director Craig & Debbie Allsopp
- **Board of Director's Meeting**
Wednesday, April 10, 2013 6:30pm
- **OPENING DAY**
Sunday, April 14, 2013 2pm
- **Kentucky Derby Hatter Party**
Saturday, May 4, 2013 1pm
Hosts: RC Scott & Cathy Dow
- **Board of Directors Meeting**
Wednesday, May 8, 2013 6:30pm
- **Isthmus Cruise w/LSFYC**
Friday – Sunday, May 17-19, 2013
Coordinator: RC Scott Dow
- **KH Sea Fair**
Sunday, May 19, 2013 1pm
Coordinator: Director Dave Sarazen
- **Memorial Day Event Hosted by Tom & Marie Fraser**
Monday, May 27, 2013 Noon
- **Trivia Night**
Thursday, May 30, 2013 6:30pm
Host: Commodore Shelia Anderson



WINE TASTING IN TEMECULA, CA.



EXPLORE THE SOUTHERN CALIFORNIA
WINE REGION
A DAY OF FUN AND WINE TASTING!

DATE: SUNDAY, MARCH 24, 2013
TIME: 9 AM TO 6 PM
COST: \$100.00 PER PERSON

Price includes:

- Luxury Party Bus Limo
- Continental Breakfast
- Deli style box lunch
- Wine tasting at 3 Wineries
 - Danza de Sol
 - Weins
 - Monte De Oro Winery



Are You Smarter Than a 5th Grader?

- Can you answer all the questions on *Jeopardy* from your couch?
- Do you win the money on *Family Freud*?
- Never have to buy a vowel on the *Wheel of Fortune*?

Come out on Thursday night, 6:30 - 8 PM, and show off your skills.

- Build a team of family, friends or just people with knowledge of useless information.
 - The top 3 teams will make money!
 - 1/3 of proceeds paid Game Night
 - 1/3 of proceeds for Championship Pot
 - 1/3 of proceeds for Charity (RBOC)
- We all will enjoy tasting eats and a special cheesecake at every game night.
 - ** Also donate to a wonderful boating charity RBOC **<

DETAILS:

Trivia will begin January 31, 2013 and will continue on the last Thursday of every other month. This will be a progressive game that ends with the Championship in November. The cost for each Thursday is \$ 10.00 a person 1/3 of the money will be paid to the winning teams of the night, 1/3 of the money will go into the pot for the championship at the end of the year and the final 1/3 will go to the charity; RBOC.

Here is the only rule:

YOUR TEAM MUST PLAY AT LEAST TWO TIMES TO QUALIFY FOR THE CHAMPIONSHIP

Joanie Devault will be the moderator for all the games. Joanie has run a weekly Trivia game at Buster's in Long Beach/Seal Beach for a number of years.

Here are the dates:

January 31
March 28
May 30

July 25
September 25
November 21-Championship

Saturday, March 23, 2013



Let's get the club in tip-top shape for our Opening Day!
Lot's to do –

Lot's to do –

"All hands on deck!"

Sign-up sheet up at the club.
A light breakfast will be served at 9am.



Cleaning starts at 9:30am



ATTENTION ALL MEMBERS:

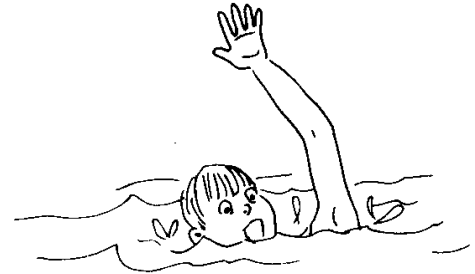
"PRYC Opening Day"
Sunday, April 14, 2013
1400 hrs. (2pm)

Mark your calendars; you won't want to miss it!

Look for Drowning Signs

The new captain jumped from the cockpit, fully dressed, and sprinted through the water. A former lifeguard, he kept his eyes on his victim as he headed straight for the owners who were swimming between their anchored sportfisher and the beach. "I think he thinks you're drowning," the husband said to his wife. They had been splashing each other and she had screamed but now they were just standing, neck-deep on the sand bar. "We're fine, what is he doing?" she asked, a little annoyed. "We're fine!" the husband yelled, waving him off, but his captain kept swimming hard. "Move!" he barked as he sprinted between the stunned owners. Directly behind them, not ten feet away, their nine-year-old daughter was drowning. Safely above the surface in the arms of the captain, she burst into tears, "Daddy!"

How did this captain know, from fifty feet away, what the father couldn't recognize from just ten? Drowning is not the violent, splashing, call for help that most people expect. The captain was trained to recognize drowning by experts and years of experience. The father, on the other hand, had learned what drowning looks like by watching television. If you spend time on or near the water (hint: that's all of us) then you should make sure that you and your crew knows what to look for whenever people enter the water. Until she cried a tearful, "Daddy," she hadn't made a sound. As a former Coast Guard rescue swimmer, I wasn't surprised at all by this story. Drowning is almost always a deceptively quiet event. The waving, splashing, and yelling that dramatic conditioning (television) prepares us to look for, is rarely seen in real life.



The Instinctive Drowning Response – so named by Francesco A. Pia, Ph.D., is what people do to avoid actual or perceived suffocation in the water. And it does not look like most people expect. There is very little splashing, no waving, and no yelling or calls for help of any kind. To get an idea of just how quiet and undramatic from the surface drowning can be, consider this: It is the number two cause of accidental death in children, age 15 and under (just behind vehicle accidents) – of the approximately 750 children who will drown next year, about 375 of them will do so within 25 yards of a parent or other adult. **In ten percent of those drownings, the adult will actually watch them do it, having no idea it is happening** (source: CDC). Drowning does not look like drowning – Dr. Pia, in an article in the Coast Guard's On Scene Magazine, described the instinctive drowning response like this:

1. Except in rare circumstances, drowning people are physiologically unable to call out for help. The respiratory system was designed for breathing. Speech is the secondary or overlaid function. Breathing must be fulfilled, before speech occurs.
2. Drowning people's mouths alternately sink below and reappear above the surface of the water. The mouths of drowning people are not above the surface of the water long enough for them to exhale, inhale, and call out for help. When the drowning people's mouths are above the surface, they exhale and inhale quickly as their mouths start to sink below the surface of the water.
3. Drowning people cannot wave for help. Nature instinctively forces them to extend their arms laterally and press down on the water's surface. Pressing down on the surface of the water, permits drowning people to leverage their bodies so they can lift their mouths out of the water to breathe.
4. Throughout the Instinctive Drowning Response, drowning people cannot voluntarily control their arm movements. **Physiologically, drowning people who are struggling on the surface of the water cannot stop drowning and perform voluntary movements such as waving for help, moving toward a rescuer, or reaching out for a piece of rescue equipment.**
5. From beginning to end of the Instinctive Drowning Response people's bodies remain upright in the water, with no evidence of a supporting kick. Unless rescued by a trained lifeguard, these drowning people can only struggle on the surface of the water from 20 to 60 seconds before submersion occurs.

Article submitted by Treasurer Kevin Herink



PORT ROYAL YACHT CLUB

2013 Event Calendar

March			
13	Wed	Board of Director's Meeting	6:30 pm
16	Sat	St. Patrick's Day Party	6:00 pm
23	Sat	Clean-up Day 1	9:00 am
24	Sun	Spring Wine Trip Land Cruise	8:00 am
28	Thurs	Trivia Night	6:30 pm
April			
6	Sat	Clean-up Day 2	9:00 am
10	Wed	Board of Director's Meeting	6:30 pm
14	Sun	Opening Day	2:00 pm
May			
4	Sat	Kentucky Derby Hatter Party	1:00 pm
8	Wed	Board of Director's Meeting	6:30 pm
17-19	Fri- Sun	Isthmus Cruise w/LSFYC	
19	Sun	KH Sea Fair	1:00pm
27	Mon	Memorial Day Event Hosted by Tom & Marie Fraser	Noon
30	Thurs	Trivia Night	6:30 pm
June			
1-2	Sat-Sun	First Weekend - Officer of the Day Duty	10 – 2 pm
8	Sat	Plastic Classic Race/Live Music!	Noon - ?
12	Wed	Board of Director's Meeting	6:30 pm
TBD	Fri- Sun	Cal Yacht Club Cruise	
July			
4	Thurs	Independence Day/Dinghy Race – Club Sponsored Event	3:00 pm
10	Wed	Board of Director's Meeting	6:30 pm
25	Thurs	Trivia Night	6:30 pm
August			
10	Sat	Summer Bash/Home Port Regatta Fundraiser/Live Music!	Noon - ?
14	Wed	Board of Director's Meeting	6:30 pm
September			
TBD	Fri-Sun	Cabrillo Yacht Club Cruise	
12	Wed	Board of Director's Meeting	6:30 pm
26	Thurs	Trivia Night	6:30 pm
TBD	Fri-Sun	Micro Brew Feast Isthmus Cruise	
28-29	Sat- Sun	Last Weekend - Officer of the Day	
October			
4-6	Fri- Sun	Friends of PRYC Memorial Cruise and Wine Tasting (Shoreline)	
10	Wed	Board of Director's Meeting	6:30 pm
12	Sat	Octoberfest Beer Tasting	4:00 pm
TBD	Fri-Sun	Isthmus Cruiser's Weekend	
26	Sat	Halloween Party	7:00 pm
November			
9	Sat	Champagne & Wine Tasting	4:00 pm
13	Wed	Board of Director's Meeting	6:30 pm
21	Thurs	Trivia Night-Championship	6:30 pm
28	Thu	Orphan's Thanksgiving Party	4:00 - ?
December			
7	Sat	Tree Trimming Christmas Party & General Meeting/Elections	6:00 pm
14	Sat	King Harbor Boat Parade & PRYC Party	4:00 - ?
24	Tues	Christmas Eve Party	6:00 pm
31	Tues	New Year's Eve Party	8:00 pm

Business Cards

CLASSIFIEDS

4-Sale

Members: Advertise your business here and/or sell something too!

Business cards: \$10.00 month - 3 month minimum

For Sale Ads: \$10.00 month - no minimum

Payable in advance to: PRYC, 555 N. Harbor Drive, Redondo Beach, CA 90278 Attn: Treasurer, Kevin Herink

Three ways to submit your business card/4-Sale Ad to our Director of Communications:

- Scan it and email to: encantadaiicrew@gmail.com with "Connections Advertising" in the subject line
- Snail mail it to the club with "Attn: Director of Communications/Advertising" on the envelope
- Leave it in the cash register up at the club in an envelope marked "Director of Communications/Advertising"

The deadline to submit business cards/4-Sale Ads is the first Wednesday of the month

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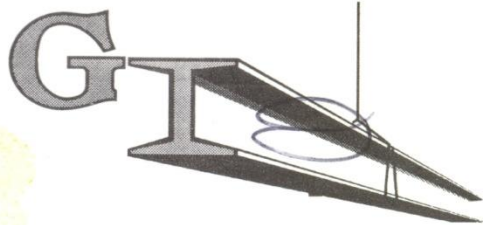


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CONNECTIONS

Newsletter

NEWSLETTER SUBMISSIONS



If you would like to submit an article, photos, etc. please be aware of the deadline date below. We welcome any submissions and will print as room allows.

Deadline: 1st Wednesday of every month

Send to: encantadaiicrew@gmail.com

**Port Royal Yacht Club
555 N. Harbor Drive
Redondo Beach, CA 90278**

